

Intelligent Energy Charitable Trust

ADAPT Prembabies Limited



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Intelligent Energy Charitable Trust first launched in January 2019 with the aim to make a positive impact on the local community it operates within. The Charitable Trust supports charitable and voluntary organisations, local to Intelligent Energy's headquarters in Loughborough, which support and aid amongst others; community groups, young people, sport and lifelong learning.

The Trust currently distributes £100,000 per annum and several organisations have already benefited from funding awards, including ADAPT Prembabies Limited a local Leicestershire Charity which supports parents and families of premature and poorly babies.

There is no disputing the fact that the babies get the best clinical care, but for the parents it's a different story of not knowing from day-to-day, sometimes hour to hour, whether their baby will survive. This is where the ADAPT Charity steps in to help them through the rollercoaster journey. The charity has a Family Therapist based on the two local neonatal units who help to care for the parents' emotional well-being and provide counselling sessions for any mental health and trauma associated with having an early or poorly baby.

Intelligent Energy awarded a grant of £5,000 to help fund counselling hours for these parents, especially those going through bereavement.

Sue Williams, Development Co-ordinator of ADAPT Prembabies said *"This donation will make a huge difference to the number of hours our Family Therapist can provide to parents on the units and at home. Sometimes all the parents need to know is that there is someone there for them to talk to and offload. It may just take a chat and someone to listen, a friendly face and a hug, other times it can take weeks or months for the parent to come to terms with what has happened."*

"When a baby is born prematurely or poorly, parents often feel shocked, confused, abandoned, powerless, lost and guilty. The loss associated with having a premature or poorly baby will be different for every parent. It is common for mums to blame themselves for what has happened and scary about what the future holds. Our Family Therapist helps them to understand and work through this feeling of loss."

"Our aim is to help our community by providing the emotional and psychological support the parents need when they find themselves on this journey and we feel this is a great way to invest in the future of our community and its mental health."

To find out more about Intelligent Energy's Charitable Trust and to download an application form visit: www.intelligent-energy.com/about-ie/charitable-trust or email charitable.trust@intelligent-energy.com