

Intelligent Energy Charitable Trust

MOVE



"Our Online Virtual Rehab programme supports children and young people to get moving against cancer, build confidence and self-esteem"

Intelligent Energy's Charitable Trust first launched in January 2019 with the aim to make a positive impact on the local community it operates within. The Charitable Trust supports charitable and voluntary organisations, local to Intelligent Energy's headquarters in Loughborough, which support and aid amongst others; community groups, young people, sport and lifelong learning.

The Trust currently distributes £100,000 per annum and several organisations have already benefited from funding awards, including the charity MOVE which received £15,600.

MOVE charity was founded by international athlete and Loughborough University Graduate Gemma Hillier-Moses. Gemma was diagnosed with stage 3 Burkett's lymphoma, a rare form of cancer, in 2012 at the age of 24. She was told to rest and was not given any advice or help about exercising with and beyond cancer. During Gemma's experience with cancer she noticed that there was a lack of knowledge, education and support provided to both patients and health care professionals around the physiological and psychological benefits of physical activity both during treatment and in recovery.

Gemma founded MOVE charity in 2016 to provide something she never got herself: Access to free, professional advice and support on how to literally Move Against Cancer.

She said: *"Our Online Virtual Rehab programme supports children and young people to get moving against cancer, build confidence and self-esteem and focus on what you can do rather than what you can't. We support young people from diagnosis to post cancer recovery."*

"We wouldn't be able to continue the work that we do without funding and donations. Our aim is not only to survive as a small charity but also thrive through the Covid-19 pandemic and beyond."

"We are delighted to be awarded £15,600 from the Intelligent Energy Charitable Trust. The money will enable us to support even more children and young people living with and beyond cancer during this extremely difficult time through our 8-week virtual online cancer rehab support programme."

To find out more about MOVE Charity and the work that they do visit www.movecharity.org

To find out more about Intelligent Energy's Charitable Trust and to download an application form visit: <https://www.intelligent-energy.com/about-ie-intelligent-energy/charitable-trust/>

or email charitable.trust@intelligent-energy.com