

Intelligent Energy Charitable Trust

# Love4Life



**Intelligent Energy's Charitable Trust** first launched in January 2019 with the aim of making an impact on the local community it operates within. The Trust supports charitable and voluntary organisations, local to Intelligent Energy's headquarters in Loughborough, which support and aid amongst others; community groups, young people, sport and lifelong learning.

The Trust currently distributes £100,000 each year and several organisations have already benefited from funding awards, including Love4Life (Charnwood) which received £1,950 in 2021.

Love4Life (Charnwood) supports vulnerable girls aged 11-19. This includes those from deprived areas and low-income families. It is run by a dedicated team of youth workers committed to making a difference in the lives of young people.

Set up in 2007, Love4Life has grown to work across multiple areas of deprivation across Leicestershire, Leicester and Derby: supporting hundreds of young people every year.

Love4Life offers a wide range of services including 1-2-1 sessions, school workshops and community groups. These sessions provide a safe space for young people to have group discussions and take part in creative activities. Love4Life also offers workshops to support schools and other organisations to deliver the RSE (Relationship and Sex Education) national curriculum and wider PSHE objectives.

The funding received from Intelligent Energy's Charitable Trust has been used to provide coaching and support to young girls with low self-esteem and confidence, offering therapeutic support that may not available anywhere else.

Molly, a young girl that has received support from Love4Life, said

*"Love4Life has helped me to gain the confidence and freedom to be myself. I can walk into a room full of people and enjoy being visible, whereas before I wanted to hide."*

*Love4life has completely changed my life".*

To find out more about Intelligent Energy's Charitable Trust and to download an application form visit: <https://www.intelligent-energy.com/about-ie-intelligent-energy/charitable-trust/>

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